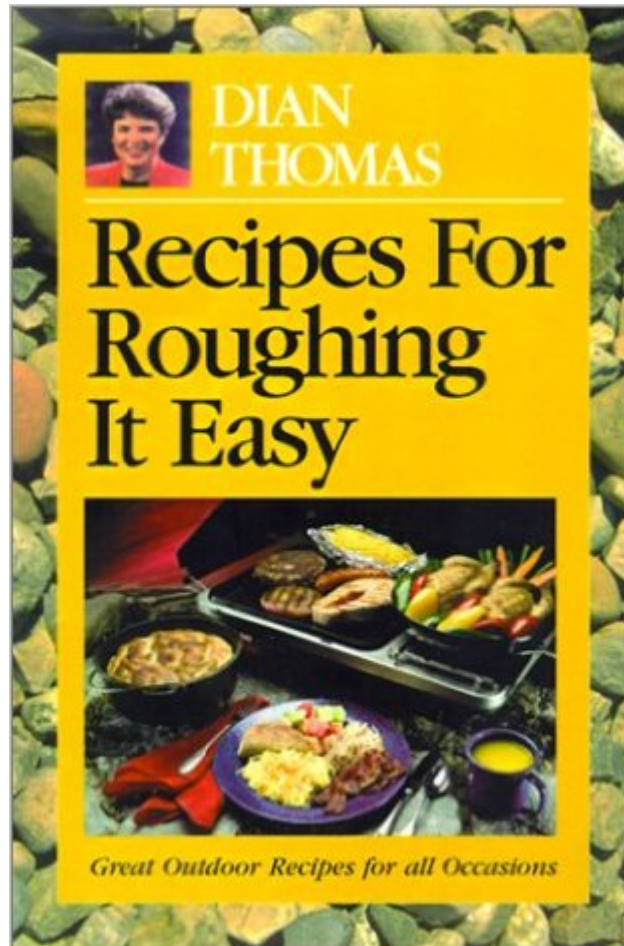


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# Recipes For Roughing It Easy



## Synopsis

Hiking and camping take a lot of energy. Similarly, fresh air makes food taste better. To properly equip the outdoor enthusiast, here are the best recipes for eating on the trail and around the campfire. From simply delicious breakfasts to "to-die-for" desserts, Dian Thomas shows readers how to creatively meet the challenge of cooking fun, flavorful meals in the great outdoors. Readers will learn how to pack for, prepare and cook mouthwatering, crowd-pleasing, easy-to-fix meals using portable gas stoves, aluminum foil, barbecue grills and Dutch ovens. With over 100 recipes and 50 photos and illustrations, this book contains the best camp breakfasts, quick-and-easy lunches and tasty dinners. Novices will appreciate tips on packing food for camping, directions for when to freeze or thaw food, creating a portable pantry, cooking one-pot meals or making intentional leftovers. Experienced campers will relish Dian's favorite ideas for novelty cooking - for instance, cooking a chicken in a backpack while hiking, cooking eggs and bacon in a paper bag, and making ice-cream in the woods!

## Book Information

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Average Customer Review: 4.1 out of 5 stars [See all reviews](#) (18 customer reviews)

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## Customer Reviews

A good book with a variety of fun and Delicious Recipes! I find it difficult to believe the bad reviews; perhaps they were expecting gourmet meals for camping out. Here is what I expected, and received: A good basic guide for eating out that would make cooking while camping out fun and adventurous. During my childhood, on campouts, I watched my Mom become more angry as the week wore on. She cooked for 6 to 8 people in the camper on a tiny stove and washed dishes in a tiny sink. She would not let anyone else help because there wasn't room for more than one person

to work. My first camp-out with my husband and child was a disaster! I had to carry water to campsite to cook & wash dishes. I only know a few things to cook on the grill, food in an ice chest won't last a full week, and on a camping trip - less items you take is better, so we had a lot of packaged foods. Husband would not even help fetch water! He said it was HIS vacation and he shouldn't have to work! With that statement, we closed up camp. I left him, but continued to dream of a fun camping vacation. I knew there were FUN, EASY Recipes that would become part of the adventure. When I saw ROUGHING IT EASY 1 AND 2, after making sure the foods sounded like something I would actually eat (I'm a meat and potatoes person), I ran to the checkout counter with both books. (I'm so glad I did!) I invited my x and a friend to come camping with me and son. We had a Great time! Everyone looked forward to the next adventure meal, and ALL offered to Help! 20+ years later, son remembers the Orange eggs, Mexican Pizza, and a few of my own recipes inspired by the book. He remembers the fun of cooking his own meal over the fire on a stick, and the fun times we had around those mealtime fires.

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